

HAMMER RULE COMPARISON

GOVERNING BODY	I.A.A.F.	USAT&F	N.C.A.A.	H.S.
SIZE OF CIRCLE	2.135 7 FEET	2.135 7 FEET	2.13 7 FEET	2.13 7 FEET
SECTOR SIZE	34.92 degrees	34.92 degrees NOT YOUTH 40*	34.92 DEGREES	60 DEGREES 40 • ALLOWED
TAPE ON HANDS/FINGERS	ALLOWED	ALLOWED	ALLOWED	ALLOWED
HAND = MUST COVER OPEN WOUND, INDIVIDUAL FINGERS ARE OK				
GLOVE MUST BE SMOOTH BOTH SIDES	YES	YES	YES	YES
WARNING TIME PERIOD	15 SEC Hold Flag up	15 SEC Hold Flag up Verbal also	30 SEC	
WARM UP IN COMPETITION AREA	2 THROWS	GAMES COMM	15 MINUTES EACH FLIGHT	10 MINUTES EACH FLIGHT
PRELIMINARIES	THREE 6 NO FINALS	THREE 6 NO FINALS	THREE 4 NO FINALS	THREE 4 NO FINALS
IMPLEMENT HITS CAGE DURING THROW/FALLS IN SECTOR	GOOD	GOOD	GOOD	GOOD
IMPLEMENTS HITS GROUND DURING ATTEMPT	OK FOUL IF ATTEMPT IS STOPPED	OK	OK	OK
MULTI EVENT ATTEMPTS	THREE	THREE	THREE	
NUMBER TAKEN TO FINALS	8	8	1 MORE THAN SCORING	1 MORE THAN SCORING
NUMBER IN FLIGHT	UP TO 16	UP TO 16	5-12	4-12
FINALS ORDER	REVERSE	REVERSE	REVERSE	REVERSE
THROWER MAY INTERRUPT TRIAL AND LEAVE CIRCLE	YES THROW MUST BE INITIATED WITHIN TIME ALLOWANCE	YES	YES	YES
TIME RULE FOR THROWERS				
4 OR MORE THROWERS	1 MINUTE	1 MINUTE	1 MINUTE	1 MINUTE
2-3 THROWERS	1 MINUTE	1 MINUTE	1 MINUTE	1 MINUTE
1 THROWER IN COMPETITION	1 MINUTE	1 MINUTE	1 MINUTE	1 MINUTE
1 THROWER CONSECUTIVE	2 MINUTES	2 MINUTES	1 MINUTE	1 MINUTE
MULTI-EVENTS	1 MINUTE	1 MINUTE	1 MINUTE	1 MINUTE
MULTI EVENTS CONSECUTIVE	2 MINUTES	2 MINUTES		
IMPLEMENT IMPOUNDED	NO	YES	YES	NO
MEASUREMENT TO LESSER	1 cm	1 cm	1 cm	1 inch
VIEWING VIDEO ALLOWED VIEWING BY REFEREE	NO OPTIONAL	NO OPTIONAL	NO	NO