

POLE VAULT SPECIFICATIONS

ATTENTION COACHES

Below are vaulting pole markings and specifications for pole vault competition. Steps 1,2,3 and 4 should be completed prior to warmup jumps. Inspection and approval by Head Field Referee will be made before poles can be used. These markings will be all the verification the pole vault head official will need to see when competitors start to warmup or during competition. All vaulters must specify their weight to vault official.

1. Top hand hold **MARKING BAND 1" wide** vinyl tape of contrasting color of pole.
2. Locate between hand and band at end of pole. **1" letters** indicating **weight of pole**, either on pole with manufacturer's marking in **1" letters** or on **white tape with hand written 1" letters**.
3. Coach print their **initials** in at least **3/4" letters**. on tape at end of pole. This will be the official verification that the pole is the correct weight for your competitor(s).
4. **Two smooth layers** of handhold tape below **TOP HAND HOLD BAND**. No handhold tape above **TOP HAND HOLD BAND**.

Exception to the above!! Poles with top hand hold at **3"** from end of pole

