

## YOUTH IMPLEMENTS

	<b>SHOT/HAMMER</b>		<b>JAVELIN</b>	
	<b>BOYS</b>	<b>GIRLS</b>	<b>MEN</b>	<b>WOMEN</b>
BANTAM	6 LB	6 LB		
MIDGET	6 LB	6 LB		
YOUTH	4 Kg	6 LB	600g	600g
INTER.	12 LB	4 Kg	800g	600g
YOUNG	12 LB (5.443 kg)	4 K (8 lb 13 oz)	800g	600g
JUNIOR MEN	6Kg		800g	

### DISCUS

BANTAM	---	---		
MIDGET	1 Kg	1 Kg		
YOUTH	1 Kg	1 Kg		
INTER.	1.6 Kg	1 Kg		
YOUNG	1.6 Kg (3 lb 8.438 oz)		1 Kg (2 lb 3.274 oz)	
JUNIOR MEN	1.75 Kg			

## MASTERS/WMA IMPLEMENTS

	<b>SHOT</b>		<b>JAVELIN</b>	
	<b>MEN</b>	<b>WOMEN</b>	<b>MEN</b>	<b>WOMEN</b>
30-49	16 LB	4 Kg	800g	600g
50-59	6 Kg	3 Kg	700g	500g
60-69	5 Kg	3 Kg	600g	400g
70-79	4 Kg	3 Kg	500g	400g
80- +	4 Kg	3 Kg	400g	400g

### DISCUS

30-49	2 Kg	1 Kg	16 LBS	4 Kg
50-59	1.5 Kg	1 Kg	6 Kg	3 Kg
60-69	1 Kg	1 Kg	5 Kg	3 Kg
70-79	1 Kg	1 Kg	4 Kg	
80 - +	1 Kg	1 Kg	4 Kg	

### HAMMER

## NCAA IMPLEMENTS

	<b>SHOT</b>		<b>JAVELIN</b>	
	<b>MEN</b>	<b>WOMEN</b>	<b>MEN</b>	<b>WOMEN</b>
	16 LB	4 Kg	800g	600g
	7.260 kg	8 lb 13 oz		

### DISCUS

2 K	1 Kg	16 LBS	4 Kg
4 lb 6.548 oz	2 lb 3.274 oz	7.260 kg	8 lb 13 oz

### HAMMER