

Awe to Him

Relay Race & 5K Run/Walk

**All proceeds go to the Newport Church of the Brethren Youth
for outreach programs**

When: October 28, 2017

Where: Start to finish- Newport Church of the Brethren- 408 Newport Rd Shenandoah, VA

Entry fees: 5K Run/Walk- \$20 received by Oct.15, \$25 Oct.16 - race day

Relay Team- \$45 per team by Oct.15, \$50 Oct.16- race day

Free t-shirts for runners who pre-register by October 15, 2017

Race day times:

7:30 AM - Registration for bibs

9:00 AM - 3 person team Race Relay

10:00 AM - 5K Race/Walk

Age Groups for 5K race:

12 & under, 13-19 years, 20-29 years,

30-39 years, 40-49 years, 50 + years

Questions:

AwetoHim@gmail.com

(540)742-2324 or (540)652-1752

*** 1st place runners in each age & relay group
receive medals**

Relay Team Race Info:

3 people per team, each running 1 mile

___ all female team

___ all male team

___ coed team

Runner's Name	Age	Gender	Shirt Size (Youth or Adult) S, M, L, XL, XXL	Event 5K or Relay
1. _____				
2. _____				
3. _____				

Address: _____ Phone # _____ Email _____

Waiver & Release: In consideration of your accepting this entry, and allowing me to participate in this event, I, the below signed, intending to be legally bound, for myself, my heirs, my executors and administrators, waive and release the organizers of the event, their agents, volunteers, and the event sponsors from any and all actions, claims, demands or expense of whatever kind and nature, including attorney fees, for property damage, personal injury, or wrongful death, arising out of or as a result of participating. I certify that I have full knowledge of the risks in this event and I am physically fit and able to participate. I realize this race course is open to traffic. I hereby grant full permission to any and all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose. I understand that if the run/walk or relay is cancelled due to circumstances beyond the control of the run/walk committee, my entry fee will not be refunded.

Signed : _____ Parent signature if under 18

**Return form & fees to:
Lucinda Heiston
524 S McDaniel Lane
Shenandoah, VA 22849**

**Make checks payable to:
Newport Church of the Brethren Youth**