

# 2009 Charlottesville 10 Miler

## Saturday, April 4, 2009

Race Starts at 7:45 sharp!



### Race Entree Fees

November 2008 – January 31, 2009  
\$30

February 1, 2009 – February 28, 2009  
\$35

March 1, 2009 – April 3, 2009  
\$40



*It's all about people... and always will be.*



Register on-line at:

-----PLEASE PRINT NEATLY!-----

Make checks payable to **Charlottesville 10 Miler**. Mail entry forms to:  
**Charlottesville 10 Miler, PO Box 5461, Charlottesville, VA 22905**

First Name \_\_\_\_\_ MI \_\_\_\_\_ Last Name \_\_\_\_\_  
 Gender M F Birth date \_\_\_\_\_ email: \_\_\_\_\_  
 mm/dd/yy

Current CTC Member? \_\_\_\_\_

Shirt Size (Circle one):

Women's S M L

Men's S M L XL

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Amount enclosed: Race fee: \_\_\_\_\_ + Donation to PACEM: \_\_\_\_\_ = Total: \_\_\_\_\_

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by all decisions of the race officials relative to my ability to complete the run safely. I assume all risks associated with running in this event, including but not limited to falls, contact with other participants, the effects of the weather, including high heat and humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Charlottesville Track Club, Road Runners Club of America, the City of Charlottesville, the County of Albemarle, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event. Furthermore, I agree to be bound by the rules established with respect to this event. In consideration of the safety of all participants, I understand that absolutely no baby joggers, baby strollers, headphones, animals on leash, skateboards, skates, rollerblades or bicycles are allowed on the course. In addition, I understand that if the race is canceled by circumstances beyond the control of the organizers, my entry fee will not be refunded. I grant permission to all the foregoing to use photographs, motion pictures, recordings, or other record of this event for any legitimate purpose.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian \_\_\_\_\_ Date \_\_\_\_\_

*Parent or Guardian must sign if entrant is under 18 years of age*

### Featuring:

**A Spectacular Course** that traverses the streets of Charlottesville. You'll begin at U-Hall and JPJ Arena, circle Scott Stadium, pass Thomas Jefferson's Rotunda, cruise the Downtown Mall, the music pavilion, Court Square, Main St., "the corner", and back to U-Hall.

**Course Entertainment** which in the past has included such local favorites as the University of Virginia Pep Band, etc. etc. If your band or ensemble is interested in playing along the course, please contact us!

**Chip Timing** with Champion Chips provided by Queen City Timing. On-line registration at Active.com!

**Awards** presented to the top 3% of finishers in each age category (3 award minimum). Categories for men and women include: 18 & under, 19 – 24, 25 – 29, 30 – 34, 35 – 39, 40 – 44, 45 – 49, 50 – 54, 55 – 59, 60 – 64, 65 – 69, 70 & over.

**Team Competition** for teams of 4 – 8 people. Teams may enter for an additional fee of \$20.00. Check out the team page on-line at [www.cvilletenmiler.com](http://www.cvilletenmiler.com). Teams must register by mail!

**Performance shirts** are available in mens' and womens' sizes. Register before March 1st to guarantee your shirt size. After March 1, shirts will be distributed on a first come, first served basis.

**Finish Line Festivities** will include free beverages, fruit, baked goods and more.

**Bag Check** will be available at University Hall for your convenience.

**Volunteers Needed!** To volunteer, email us at [cville10miler@yahoo.com](mailto:cville10miler@yahoo.com) or check out the volunteer page at [www.cvilletenmiler.com](http://www.cvilletenmiler.com).

**Race Packet Pickup:** Participants are strongly encouraged to pick up their race packets on Friday, April 3<sup>rd</sup>, between 4:00 PM and 8:00 PM at UVA's University Hall.

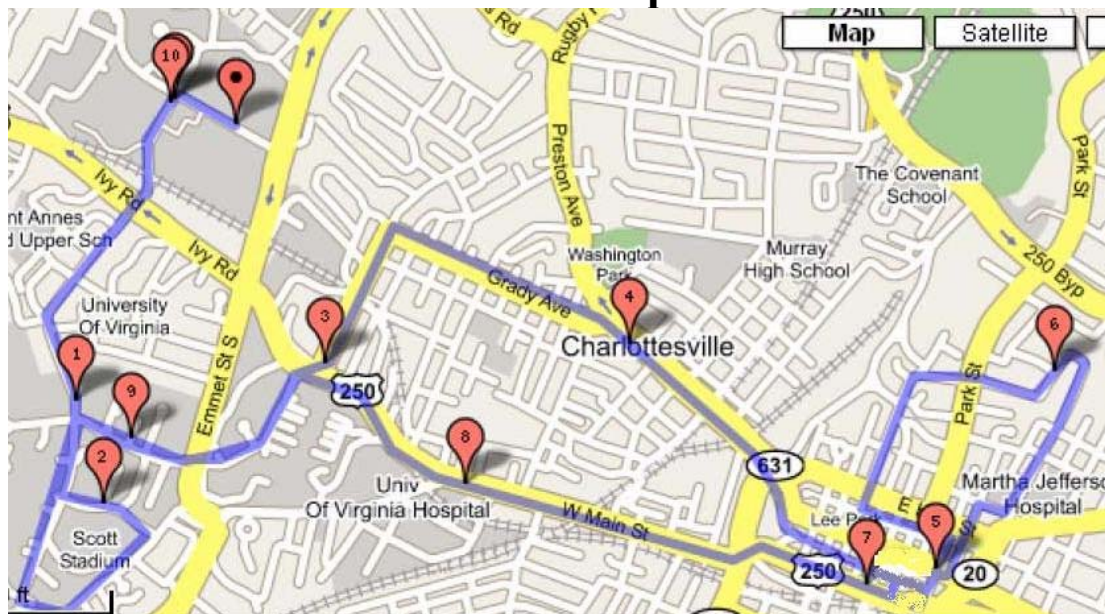
**Race starts at 7:45 AM Sharp!** Race begins on the North side of University Hall at Route 29 (Emmet Street) and Massie Road, Charlottesville, VA

**Directions: From North:** Rt. 29 south to Charlottesville. After passing under the Rt. 250/29 bypass, go one mile look for signs directing you to event parking.

**From East and West:** Take I-64 to exit 118 North onto Rt. 250/29 bypass. Take the 2nd exit, onto 250 East (Ivy Road). Go 3/4 mile, and look for signs directing you to event parking.

**From South:** Rt. 29 North to exit 118 North onto Rt. 250/29 bypass. Take the 2nd exit, onto 250 East (Ivy Road). Look for signs directing you to event parking.

### Course Map



Massie, Copeley, Alderman, Stadium, Whitehead, Alderman, McCormick, Rugby, Grady, Preston, Old Preston, DTM, 7th, Jefferson, 2nd, Northwood, Evergreen, Lexington, Maple, 7th, DTM, 5th, Water, W. Main, University, McCormick, Alderman, Copeley.