

# Shenandoah Valley Track Club Summer 2002 Track Meets

**ALL AGES WELCOME -- KIDS -- TEENS -- ADULTS**

**Meets are open to all interested athletes regardless of age, gender, or level of ability.** We are pleased that each year girls, boys, men and women of all ages come to the meets to have fun in the sport of track & field. **Please join us. Track has something for every BODY!**

**Where:** Eastern Mennonite University Track, Harrisonburg, VA

**When:** Thursday evenings on the following dates:

**June 13 and 27, July 11, (Note: NO MEET ON 7/25!!!), August 1 and 15**

**Cost:** SVTC members -- free Non-members -- \$2.00 entry fee per meet

**Age Groups:** Male and Female categories 5 & under, 6-7, 8-9, 10-12, 13-15, 16-18, over 18, Masters

**Awards:** Ribbons for 1st, 2nd & 3rd places to kids 12 & under, and by request to all others.

**Information:** *Daily News Record* announcements; call 540/433-2649, or online at [www.6eagles.com](http://www.6eagles.com)

## Schedule of Events:

**5:30 Registration and event sign-up**  
**6:15 Long Jump, High Jump, Shot Put (by request)**  
**6:30 Predict-your-time Mile followed by**

**60 meter Dash (12 years & under)**  
**100 meter Dash**  
**1 Mile**  
**400 meters**  
**200 meters**  
**800 meters**  
**5K Run on road course**

**Meet Help:** Yes, it takes many people to put on a safe, enjoyable track meet. Extra help is always welcome.

**NOTE!!!:** A signed liability waiver is required of all participants **BEFORE** participation will be allowed. For those under age 18, a parent or guardian signature is required. See form below. Forms will also be at meet registration.

**PARENTS:** Children under age 13 must be accompanied at the meet by you or another responsible adult. *Thanks.*

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**Shenandoah Valley Track Club** Membership Application Date\_\_\_\_\_

Name(s)\_\_\_\_\_

Address\_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

E-mail address \_\_\_\_\_ Home Phone \_\_\_\_\_ Work \_\_\_\_\_

Phone \_\_\_\_\_

Annual dues, including RRCA affiliation: Individual -- \$10.00 \_\_\_\_\_  
Family -- \$15.00 \_\_\_\_\_

Dues renewed each January 1 for one calendar year. Make checks payable to **SVTC** and return with this form at meet, or mail to: Lynn Smith, SVTC, 3470 Walnut Springs Lane, Harrisonburg, VA 22801