

# Shenandoah Valley Track Club

RELEASE FORM - 2002

**THIS IS A RELEASE -- PLEASE READ BEFORE SIGNING. IT MUST BE SIGNED BY PARTICIPANT (IF 18 OR OLDER) OR PARENT or GUARDIAN.**

I know that participation in a track meet or road race is a potentially hazardous activity. I should not enter unless I am medically able and properly trained. I agree to abide by meet/race rules and any decision of a meet or race official relative to my ability to safely complete an event. I assume all risks associated with my participation in a track meet or road race including, but not limited to, falls, contact with other participants, conditions of the track facility or road. In consideration of the acceptance of my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Shenandoah Valley Track Club, Eastern Mennonite University, the City of Harrisonburg, and all sponsors, their representatives and successors from all claims of liabilities of any kind arising out of my participation in a Shenandoah Valley Track Club meet, fun run, or road race.

I have read this release/waiver and understand it. I understand that insurance is required, and that details must be provided below in order for me to participate in long jump, high jump, and/or shot put events.

Name(s) \_\_\_\_\_ Age(s) \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

**Signature of parent or guardian if participant is under age 18** \_\_\_\_\_

Complete home address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Phone \_\_\_\_\_

Insurance provider \_\_\_\_\_

Ins. group # \_\_\_\_\_ Subscriber name \_\_\_\_\_

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